



Discussion Questions

4:1-16

Paul lists a series of values that epitomize a “walk worthy of your calling.” Discuss what these look like in your life:

- *Humility and gentleness*
- *Patience, bearing with one another in love*
- *Eager to maintain the unity of the Spirit...*

Why do the saints need to be equipped by God’s grace (v 7) for the work of ministry (v 12)?

How does reliance upon God’s gifts of grace serve as a check against unhealthy practices in the church?

Paul really emphasizes the idea of the church as a “whole body,” a united “man” that is the fulness of Christ. What does he indicate are the foundations of that unity?